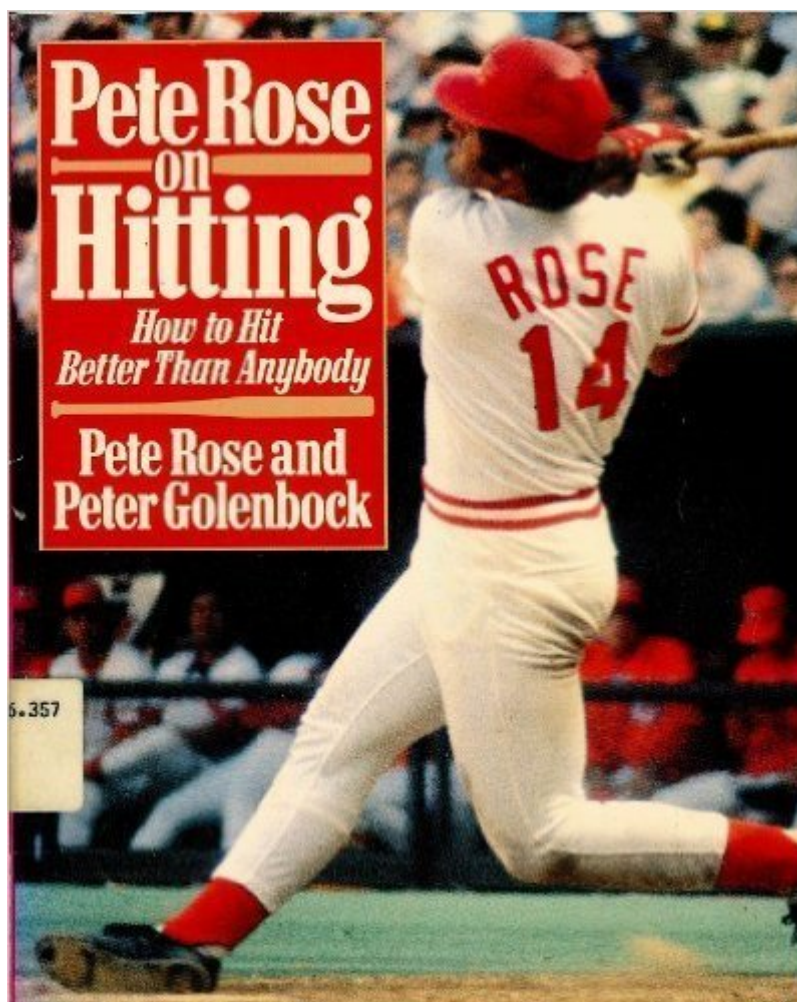


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# Pete Rose On Hitting



## Synopsis

In his unique instructional book "Pete Rose on Hitting," all-time baseball great Pete Rose offers a revolutionary approach to the art and craft of hitting. With the aid of dozens of explanatory photographs, Pete discusses, in clear, easy-to-follow prose, the techniques he's learned during three decades of major league ball, techniques - and attitudes - that can make you a winner at the plate. Among them: • the critical importance of the hands in contacting and driving the ball • practice techniques you can use to improve your batting skill • the mental qualities that will make you a smarter - and tougher - hitter and team player A one-of-a-kind guide for Little Leaguers, high school and college athletes, and major leaguers alike, "Pete Rose on Hitting" is sure to prove a solid hit with fans and players everywhere

## Book Information

Paperback: 96 pages

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Product Dimensions: 7 x 1 x 5 inches

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Average Customer Review: 4.8 out of 5 stars • See all reviews • (6 customer reviews)

Best Sellers Rank: #996,425 in Books (See Top 100 in Books) #166 in Books > Sports & Outdoors > Coaching > Baseball #2113 in Books > Sports & Outdoors > Baseball

## Customer Reviews

This is a great book for teaching a hard-nosed, common-sense approach when digging in at the plate. No one knew the situation at the plate than Charlie Hustle. Pete Rose thought going 2-4 was an off day. Now THAT's a tough mental approach that I can respect. The chapters dealing with the mechanics of a solid swing are great. Perhaps even better are the numerous mental tips on how to approach an at-bat for all situations and hitting styles. My wife and I are expecting a son in February and this will be his first book I buy him...right after the Bible, of course.

Say what you will about his off the field actions. Pete Rose is a huge part of baseball and this book gives his perspective on hitting and how to play baseball first as a team member. Very insightful.

Excellent job of explaining the most important fundamentals succinctly with inspiring mental approach to the game. Great large format pictures accompany the text. Advanced topics include details on the two strike stroke, practical reasons for a hitchless compact swing, and other useful "insider" tips. Text should be easy to read by any player 12+.

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